



HOUSEHOLD PREPAREDNESS CHECKLIST

Suggested list of supplies and equipment to prepare in case of a short term emergency situation, eg, storm, flooding and temporary loss of utilities

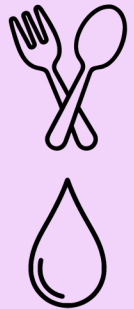
Lighting & Power

- Torch (LED)
- Spare batteries
- Portable power bank
- Charging cables
- Battery powered lanterns
- Candles & matches



Food & Water

- Bottled drinking water (around 3L per person per day)
- Non-perishable food (canned or dried food)
- Energy bars or snacks
- Manual can opener



Medical

- First aid kit
- Thermometer
- Antiseptic
- Essential medications
- Hand sanitiser
- Wet wipes



Communication

- Battery or wind-up radio
- Fully charged mobile phone (do not use your phone as a torch, the battery will not last)
- All in one wind up radio/torch/power bank and light.



Documents

- Copies of ID
- Insurance details
- Medical information
- Emergency contact numbers
- Some cash



Tools

- Multi-tool or small toolkit
- Head torch
- Duct tape
- Rope or cord



Hygiene

- Toilet paper
- Soap
- Tissues
- Rubbish bags
- Extra water for washing



Winter warmth

- Blankets or sleeping bags
- Warm clothing
- Spare socks
- Hat and gloves



Optional Extras

- Baby supplies (formula, nappies, wipes)
- Pet food and water
- Spare batteries for devices
- Plastic storage bags or containers



Tip - Try to store these items together so they are easy-to-access in the dark or a container and check supplies every 6-12 months. Consider keeping items you will most need and important documents in a bag just in case you are asked to evacuate your home.